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| Name: smt.A.Manjula | Reg No: 01-4SMHC19 |
| Age / Sex:49/f | Contact No:9740713758 |
| Marital Status:ml- 16 years | Date:2/4/19 |
| Occupation:housewife - sslc | Dr. pjfp |
| Address:  Native blore | DIAGNOSIS- |

k/c/o: thyroid dysfunction. Got to know by increasing weight. Throat also swollen.

1. Body full pain frm 1 and half year. Dengue fever had then. Fingers all swelling and pain. <before periods2-3 days before.
2. Knee pains childhood. Left side back pain < sitting, standing.
3. Headaches < sunlight, food skip, tension. Since 4 yrs
4. Anger more. Unable to control. After tht feels guilty about the things she said in anger. Since 6 yrs.

* Anticipation of bad things may happen.
* Infront of doctor will forget the symptoms but will get them at home.
* Wanted another child. But it didn’t happen as husband was out of place fr work and use to come only 2-3 days in a month.

1. Sits separately and cries. Wants to be alone.
2. Brittle nails cuts in the middle.

Doenst feel hungry.

Had urine infections before.

Passes worms in urine.

Doesn’t like movies. Gets headache.

I wasn’t like this before I was rude and controlled.

Rx:

1. Ignatia 1m/staphysagria1m – 4-4-4-4
2. Sil 6x 4-4-4-4.
3. Polyporus 1m / bryonia 1m disc 4-4-4
4. Rub 15 – 1 tab
5. Santonin 3x 4-4-4-4. 3 dram pills.

15/4/19: hip and pain still not reduced. Fingers still paining. Unable to hold things also. Pricking type of pain. headache better than before. Hairfall. Motion not clear.

Rx:

1. Actae spicata 200 / ruta200/rhus tox 1m disc – 4-0-4.
2. Pulsatilla 1m – 4 pills morning b/food.
3. Nat mur 1m/staphy1m – 4-4-4-4 b/food.
4. Rheumagic oil.
5. Y-lax tab.
6. Santonin 3x 4-4-4-4. 3 dram pills.

31/5/19: backpain, finger pain same pain. headache 80% better. Hairfall is same. Motio is clear. Worms still there. Sleep is not good in the night. Sweating is more in the night. Thirst is more. Knee pain if travels more. Thinking about the same thing all the time. Weight gain recently. Lmp: 11/5/19 7-8 days flow. 3 days 3 pads after tht reduce. Legs seem swelling but pain reduced. Excitement absent …but like him very much.

Rx:

1. Sepia 200 – 4 pills afternoon/night.
2. Lachesis 1m/ignatia1m – 4 pills b/food mng/evening
3. Calc phos 200/ sil 200 4-0-4 b/food disc.
4. Thuja 200 – weekly doses 2.
5. Rub 15 – 1 tab night b/food.

28/6/19: backpain reduced by 20%. Finger pain not ther. Headache comes weekly once or twice. evening and stays till 10.30pm. and smtimes till next mng. Sleep is not good. Knee pain 50% better. Toe fingers pinching pin pricks pain. leg pain and swelling reduced. Cont 100mcg. Emotions slight change is ther less temper. Feels improved in her desires. Wt: 79.8kg. lmp: 10/6/19. Memory power is reducing. Backpain is worse when getting up frm sitting position. Stopped quarrelling by 40%. Being responsive desire part told by husband. Feeling more hungry towards evening.

Rx:

1. Thyroidinum1m/nat mur 1m /thuja1m
2. Silica 1m /calc phos1m– 4-4-4.
3. Homoeocal.
4. Rub 15